

Form 144

FORM 144

NOTICE OF PROPOSED SALE OF SECURITIES  
PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933

## 144: Filer Information

Filer CIK 0001864331  
Filer CCC XXXXXXXXX  
Is this a LIVE or TEST Filing?  LIVE  TEST

### Submission Contact Information

Name  
Phone  
E-Mail Address

## 144: Issuer Information

Name of Issuer LIFESTANCE HEALTH GROUP, INC.  
SEC File Number 001-40478  
Address of Issuer 4800 N. Scottsdale Road  
Suite 6000  
Scottsdale  
ARIZONA  
85251  
Phone 602-767-2100

Name of Person for Whose Account the Securities are To Be Sold KHAN PARENTS TRUST LLC C/O DANISH QURESHI  
See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.

Relationship to Issuer Former Officer

## 144: Securities Information

Title of the Class of Securities To Be Sold	Name and Address of the Broker	Number of Shares or Other Units To Be Sold	Aggregate Market Value	Number of Shares or Other Units Outstanding	Approximate Date of Sale	Name the Securities Exchange
Common	Morgan Stanley Smith Barney LLC Executive Financial Services 1 New York Plaza 8th Floor New York NY 10004	43392	248202.24	382622704	08/20/2024	NASDAQ

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or any part of the purchase price or other consideration therefor:

## 144: Securities To Be Sold

Title of the Class	Date you Acquired	Nature of Acquisition Transaction	Name of Person from Whom Acquired	Is this a Gift?	Date Donor Acquired	Amount of Securities Acquired	Date of Payment	Nature of Payment *
Common	12/31/2020	Restricted stock vesting under a registered plan	Issuer	<input type="checkbox"/>		43392	12/31/2020	Services Rendered

\* If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

## 144: Securities Sold During The Past 3 Months

Name and Address of Seller	Title of Securities Sold	Date of Sale	Amount of Securities Sold	Gross Proceeds
KHAN IRREVOCABLE TRUST LLC 4800 N. Scottsdale Road Suite 6000 Scottsdale AZ 85251	Common	08/08/2024	72268	436469.81
KHAN DESCENDANTS TRUST LLC 4800 N. Scottsdale Road Suite 6000 Scottsdale AZ 85251	Common	08/08/2024	21342	128897.14
KHAN DESCENDANTS TRUST LLC 4800 N. Scottsdale Road Suite 6000 Scottsdale AZ 85251	Common	08/08/2024	118560	710522.05
KHAN IRREVOCABLE TRUST LLC 4800 N. Scottsdale Road Suite 6000 Scottsdale AZ 85251	Common	08/05/2024	100	532.97
QURESHI IRREVOCABLE TRUST LLC 4800 N. Scottsdale Road Suite 6000 Scottsdale AZ 85251	Common	08/05/2024	100	532.97
QURESHI CHILDREN'S TRUST LLC 4800 N. Scottsdale Road Suite 6000 Scottsdale AZ 85251	Common	08/05/2024	100	532.97
QURESHI LEGACY TRUST LLC 4800 N. Scottsdale Road Suite 6000 Scottsdale AZ 85251	Common	08/05/2024	100	532.97
QURESHI MARITAL TRUST LLC 4800 N. Scottsdale Road Suite 6000 Scottsdale AZ 85251	Common	08/05/2024	100	532.97
QURESHI MOTHER'S TRUST LLC 4800 N. Scottsdale Road Suite 6000 Scottsdale AZ 85251	Common	08/05/2024	100	532.97
KHAN PARENTS TRUST LLC 4800 N. Scottsdale Road	Common	08/05/2024	100	532.97

Suite 6000 Scottsdale AZ 85251 KHAN MARITAL TRUST LLC 4800 N. Scottsdale Road Suite 6000 Scottsdale AZ 85251	Common	08/05/2024 100	532.97
Suite 6000 Scottsdale AZ 85251 KHAN LEGACY TRUST LLC 4800 N. Scottsdale Road Suite 6000 Scottsdale AZ 85251	Common	08/05/2024 100	532.97
Suite 6000 Scottsdale AZ 85251 KHAN DESCENDANTS TRUST LLC 4800 N. Scottsdale Road Suite 6000 Scottsdale AZ 85251	Common	08/01/2024 149100	818246.79
Suite 6000 Scottsdale AZ 85251 KHAN DESCENDANTS TRUST LLC 4800 N. Scottsdale Road Suite 6000 Scottsdale AZ 85251	Common	07/02/2024 37005	184910.20
Suite 6000 Scottsdale AZ 85251 KHAN DESCENDANTS TRUST LLC 4800 N. Scottsdale Road Suite 6000 Scottsdale AZ 85251	Common	07/01/2024 112995	561122.74
Suite 6000 Scottsdale AZ 85251 KHAN DESCENDANTS TRUST LLC 4800 N. Scottsdale Road Suite 6000 Scottsdale AZ 85251	Common	06/14/2024 150000	775487.27

## 144: Remarks and Signature

Remarks

Date of Notice 08/20/2024

**ATTENTION:**

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed. If such person has adopted a written trading plan or given trading instructions to satisfy Rule 10b5-1 under the Exchange Act, by signing the form and indicating the date that the plan was adopted or the instruction given, that person makes such representation as of the plan adoption or instruction date.

Signature /s/ Danish Qureshi

**ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)**