FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C. 20549
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Check this box if no longer subject
to Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(h)

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL							
OMB Number:	3235-0287						
Estimated average burden							
hours per response:	0.5						

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Mullins Kevin Michael				2. Issuer Name and Ticker or Trading Symbol <u>LifeStance Health Group, Inc.</u> [LFST]									k all app Direc	licable) tor	ng Person(s) to I		wner		
(Last)	•	irst) (I	Middle)	 С.	3. Date of Earliest Transaction (Month/Day/Year) 11/06/2023								X	belov	er (give title v) ief Develo	pmeı	Other (s below) nt Officer	specify	
4800 N. SCOTTSDALE ROAD, SUITE 6000					4. If Amendment, Date of Original Filed (Month/Day/Year)							Line)	,						
(Street)	SDALE A	Z 8	35251										X	Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(S	tate) (2	Zip)		Rule 10b5-1(c) Transaction Indication														
Check this box to indicate that a transaction was made pursuant satisfy the affirmative defense conditions of Rule 10b5-1(c). See									suant 1	o a contract, instruction or written plan that is intended to nstruction 10.									
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
1. Title of Security (Instr. 3) 2. Transact Date (Month/Date)				y/Year) Execut		Deemed cution Date, y hth/Day/Year)				es Acquired (A) Of (D) (Instr. 3, 4			5. Amo Securi Benefi Owned Report	ties cially I Following	Form (D) o	n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
								Code	v	Amount	(A) (D)	or P	rice	Transa	action(s) 3 and 4)			(IIISU. 4)	
Common Stock 11/06/2					2023				S ⁽¹⁾		300	D	: ا	\$6.12	4,836,006			D	
Common Stock 11/07/2					2023				S ⁽¹⁾		32,056 D \$		6.12(2)	4,803,950		D			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	Derivative Conversion Date Execution Date, Security or Exercise (Month/Day/Year) if any				ransaction of Ode (Instr. Derivative		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Ins 3 and 4)		Str.	erivative ecurity nstr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	y	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code	v	(A)	(D)	Date Exercis	sable	Expiration Date	Title	Numl of Share						

Explanation of Responses:

- 1. The reported transactions were effected pursuant to a Rule 10b5-1 trading plan adopted on December 9, 2022.
- 2. The price reported is a weighted average price. These shares were sold in multiple transactions ranging from \$6.11 to \$6.16 inclusive. The Reporting Person undertakes to provide to the Company, any security holder of the Company or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range.

By: /s/ Ryan Pardo, Attorney-

11/08/2023

in-Fact

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.