FORM 4

Check this box if no longer subject

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number: 3235-0287									
Estimated average burden									
hours per response:	0.5								

obligations may continue. See Instruction 1(b).	Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940
1. Name and Address of Reporting Person*	2. Issuer Name and Ticker or Trading Symbol

1. Name and Address of Reporting Person*  Lester Michael K.					2. Issuer Name <b>and</b> Ticker or Trading Symbol <u>LifeStance Health Group, Inc.</u> [ LFST ]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  X Director 10% Owner						
(Last) (First) (Middle) C/O LIFESTANCE HEALTH GROUP, INC.						3. Date of Earliest Transaction (Month/Day/Year) 04/25/2022							X	X Officer (give title below)			er (specify	
4800 N. SCOTTSDALE ROAD, SUITE 6000						4. If Amendment, Date of Original Filed (Month/Day/Year)							6. Individual or Joint/Group Filing (Check Applicable					
(Street)	SDALE AZ	2 8	5251			Li <sub>1</sub>								Line)	,			
(City)	(St	ate) (Ž	Zip)			Person												
		Table	I - No	n-Deriva	tive S	Secu	rities	Acq	uired	, Dis	posed of	, or E	Benef	icially	/ Own	ed		
1. Title of Security (Instr. 3)  2. Transacti Date (Month/Day)					Execution Date,			3. Transaction Code (Instr. 8)  4. Securities Acquired (A Disposed Of (D) (Instr. 3, 5)				4 and Securi		cially I Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	of Indirect		
								Code	v	Amount (A)		or P	rice	Transaction(s) (Instr. 3 and 4)			(111511.4)	
Common Stock 04/25/20				2022			A		289,080(1	1) A	1 :	\$0.00 23,		177,546	D			
		Tal	ble II -								osed of, convertib				Owne	d		
Derivative Conversion		3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year		4. Transa Code ( 8)		of Deriv Secu Acqu (A) o Dispo of (D (Instr	5. Number of		6. Date Exercisable an Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Ins 3 and 4)		De Se (In	Price of rivative curity str. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Owners Form: Direct (I or Indirect) (I) (Instr	Beneficial Ownership oct (Instr. 4)
					Code	v	(A)	(D)	Date Exercis	sable	Expiration Date	Title	Amou or Numb of Share	er				

## **Explanation of Responses:**

1. Includes 289,080 restricted stock units ("RSUs"). Each RSU represents a contingent right to receive one share of the Issuer's common stock.

## Remarks:

By: /s/ Ryan Pardo, Attorneyin-Fact

04/26/2022

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.