FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT	<b>OF CHANGES</b>	IN BENEFICIAL	<b>OWNERSHIP</b>

1	UMB APPRO	JVAL
	OMB Number:	3235-0287
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*     Gouk Warren			2. Issuer Name <b>and</b> Ticker or Trading Symbol LifeStance Health Group, Inc. [ LFST ]										all app	tor		10% Ov	vner	
` '	First) (Middle) E HEALTH GROUP, INC.			3. Date of Earliest Transaction (Month/Day/Year) 08/31/2023								X	Officer (give title below)  Chief Adminis		Other (sbelow)		·	
4800 N. SCOTTSDALE ROAD, SUITE 6000			4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line)						
(Street) SCOTTSDALE A	Z 8	5251	•										X		filed by One filed by Mor on	•	-	
(City) (S	tate) (2	Zip)		Rul	le 10	)b5-	1(c)	Tran	sac	tion Indi	catio	n						
										saction was ma ons of Rule 10					uction or writte	en plan tha	ıt is inter	nded to
	Table	I - No	n-Deriva	tive S	Secu	rities	Acq	uired	, Dis	posed of,	or B	enefic	ially	Own	ed			
Dat		Date	. Transaction late Month/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 5)			4 and Secur Benef		cially Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
								Code	v	Amount	(A) o (D)	r Price		Transa	ction(s) 3 and 4)			(11150.4)
Common Stock 08/3			08/31/2	.023			S		11,966	D	\$8.2	25 <sup>(1)</sup>	5,856,262		D			
Common Stock			09/01/2	2023				S		38,058	D	\$8.2	25 <sup>(2)</sup>	5,818,204		D		
Common Stock														17	7,900	I		By Trust <sup>(3)</sup>
Common Stock														17	7,900	I		By Trust <sup>(4)</sup>
Common Stock														263,150			By Trust <sup>(5)</sup>	
Common Stock													26		3,150	I		By Trust <sup>(6)</sup>
	Tal									osed of, o				wned	t			
Derivative Conversion Date Execution Date, Security or Exercise (Month/Day/Year)			Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Ins 3 and 4)		8. P Deri Sec (Ins	rice of vative urity tr. 5)	9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Own Forn Direc or In (I) (Ir	nership n: ct (D) ndirect nstr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code		(A)	(D)	Date Exercis	or Nu te Expiration of		Number	er						
Explanation of Respon	ses:																	-

- 1. The price reported is a weighted average price. These shares were sold in multiple transactions ranging from \$8.25 to \$8.255 inclusive. The Reporting Person undertakes to provide to the Company, any security holder of the Company or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range.
- 2. The price reported is a weighted average price. These shares were sold in multiple transactions ranging from \$8.25 to \$8.33 inclusive. The Reporting Person undertakes to provide to the Company, any security holder of the Company or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range.
- 3. Shares held of record by the Tanner J. Gouk GST Trust. The Reporting Person disclaims beneficial ownership of these securities except to the extent of his pecuniary interest therein, and the inclusion of these securities on this report shall not be deemed an admission that the Reporting Person is the beneficial owner of the reported securities for purposes of Section 16 of the Exchange Act or for any other purpose.
- 4. Shares held of record by the Emerson G. Gouk GST Trust. The Reporting Person disclaims beneficial ownership of these securities except to the extent of his pecuniary interest therein, and the inclusion of these securities on this report shall not be deemed an admission that the Reporting Person is the beneficial owner of the reported securities for purposes of Section 16 of the Exchange Act or for any other purpose
- 5. Shares held of record by the Tanner Gouk Irrevocable Trust. The Reporting Person disclaims beneficial ownership of these securities except to the extent of his pecuniary interest therein, and the inclusion of these securities on this report shall not be deemed an admission that the Reporting Person is the beneficial owner of the reported securities for purposes of Section 16 of the Exchange Act or
- 6. Shares held of record by the Emerson Gouk Irrevocable Trust. The Reporting Person disclaims beneficial ownership of these securities except to the extent of his pecuniary interest therein, and the inclusion of these securities on this report shall not be deemed an admission that the Reporting Person is the beneficial owner of the reported securities for purposes of Section 16 of the Exchange Act or for any other purpose

/s/ Ryan Pardo, Attorney-in-

09/05/2023

\*\* Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.