FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

| Washington, D. | .C. 20549 |
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL 3235-0287 Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| 1. Name and Address of Reporting Person* Patel-Dunn Anisha | | 2. Issuer Name and Ticker or Trading Symbol LifeStance Health Group, Inc. [LFST] | | | | | | (Ch | Relationship of Reporting Pers (Check all applicable) Director Officer (give title | | | rson(s) to Issuer 10% Owner Other (specify | |
|--|--------------------------|--|--|--|------|--------------------|--|------------------------|--|-----------------------------|---|---|--|
| (Last) (First) (Middle) C/O LIFESTANCE HEALTH GROUP, INC. 4800 N. SCOTTSDALE ROAD, SUITE 6000 | | 3. Date of Earliest Transaction (Month/Day/Year) 06/13/2022 | | | | | | | X below) Chief Medical Officer | | | | |
| (Street) SCOTTSDALE AZ 85251 | 4. If A | 4. If Amendment, Date of Original Filed (Month/Day/Year) | | | | | | Lin | Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person | | | | |
| (City) (State) (Zip) | | | | | | | | | | | | | |
| Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned | | | | | | | | | | | | | |
| Date | nsaction :h/Day/Year) | 2A. Deemed Execution Date, if any (Month/Day/Year) | | 3. Transaction Code (Instr. 8) | | | | | nd Securi Benefi Owned | eficially ed Following | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 7. Nature of Indirect Beneficial Ownership | |
| | | | | Code | v | Amount | (A) or (D) | Price | Report Transa (Instr. | ed action(s) 3 and 4) | | (Instr. 4) | |
| Common Stock 06/ | 13/2022 | | | S ⁽¹⁾ | | 3,463 | D | \$5.3 | 4 9 | 4,669 | D | | |
| Common Stock | | | | | | | | | 2,0 | 94,450 | I | By Trust ⁽²⁾ | |
| Common Stock | | | | | | | | | 4 | 3,858 | I | By Trust ⁽³⁾ | |
| Common Stock | | | | | | | | | 4. | 3,858 | I | By Trust ⁽⁴⁾ | |
| Common Stock | | | | | | | | | 4. | 3,858 | I | By Trust ⁽⁵⁾ | |
| Common Stock | | | | | | | | | 4. | 3,858 | I | By Trust ⁽⁶⁾ | |
| Common Stock | | | | | | | | | 4. | 3,858 | I | By Trust ⁽⁷⁾ | |
| Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) | | | | | | | | | | | | | |
| 1. Title of Derivative Security (Instr. 3) 2. Conversion or Exercise Price of Derivative Security (Instr. 4) 3. Transaction Date (Month/Day/Year) (Month/Day/Year) 3A. Deemed Execution Date (Month/Day/Year) (Month/Day/Year) | Code (I | Transaction of Code (Instr. Derivative | | 6. Date Exercisable and Expiration Date (Month/Day/Year) | | te | 7. Title and Amount of Securities Underlying Derivative Security (Ins 3 and 4) | | 8. Price of Derivative Security (Instr. 5) | | Ownership Form: Direct (D) or Indirect (I) (Instr. 4 | Beneficial Ownership (Instr. 4) | |
| Evaluation of December 1 | Code | V (A) | | Date Exercisa | able | Expiration Date | or Nu of | nount imber ares | | | | | |

Explanation of Responses:

- 1. Required number of shares sold by the reporting person to cover tax withholding obligations in connection with the vesting of restricted stock units. This sale was made to satisfy tax withholding obligations through a "sell to cover" transaction and does not represent a discretionary trade by the reporting person.
- 2. Shares held of record by the Patel-Dunn Family Trust. The Reporting Person disclaims beneficial ownership of these securities except to the extent of his pecuniary interest therein, and the inclusion of these securities on this report shall not be deemed an admission that the Reporting Person is the beneficial owner of the reported securities for purposes of Section 16 of the Securities Exchange Act of 1934 (the "Exchange Act") or for any other purpose.
- 3. Shares held of record by the LJP LS Trust (Leela Patel). The Reporting Person disclaims beneficial ownership of these securities except to the extent of his pecuniary interest therein, and the inclusion of these securities on this report shall not be deemed an admission that the Reporting Person is the beneficial owner of the reported securities for purposes of Section 16 of the Exchange Act or for any
- 4. Shares held of record by the Lena J Patel LS Trust (Lena Patel). The Reporting Person disclaims beneficial ownership of these securities except to the extent of his pecuniary interest therein, and the inclusion of these securities on this report shall not be deemed an admission that the Reporting Person is the beneficial owner of the reported securities for purposes of Section 16 of the Exchange Act or for any other purpose
- 5. Shares held of record by the MSP LS Trust (Mira Patel). The Reporting Person disclaims beneficial ownership of these securities except to the extent of his pecuniary interest therein, and the inclusion of these securities on this report shall not be deemed an admission that the Reporting Person is the beneficial owner of the reported securities for purposes of Section 16 of the Exchange Act or for any other purpose.
- 6. Shares held of record by the SMP LS Trust (Savita Patel). The Reporting Person disclaims beneficial ownership of these securities except to the extent of his pecuniary interest therein, and the inclusion of these securities on this report shall not be deemed an admission that the Reporting Person is the beneficial owner of the reported securities for purposes of Section 16 of the Exchange Act or for any
- 7. Shares held of record by the SLP LS Trust (Sonya Patel). The Reporting Person disclaims beneficial ownership of these securities except to the extent of his pecuniary interest therein, and the inclusion of these securities on this report shall not be deemed an admission that the Reporting Person is the beneficial owner of the reported securities for purposes of Section 16 of the Exchange Act or for any other purpose.

Remarks:

By: /s/ Ryan Pardo, as attorney-in-fact

** Signature of Reporting Person

06/14/2022

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.