

Form 144

FORM 144

NOTICE OF PROPOSED SALE OF SECURITIES
PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933

144: Filer Information

Filer CIK 0001864249
Filer CCC XXXXXXXXX
Is this a LIVE or TEST Filing? LIVE TEST

Submission Contact Information

Name
Phone
E-Mail Address

144: Issuer Information

Name of Issuer LifeStance Health Group, Inc.
SEC File Number 001-40478
Address of Issuer 4800 N. SCOTTSDALE ROAD
SUITE 6000
SCOTTSDALE
ARIZONA
85251
Phone 602-767-2100
Name of Person for Whose Account the Securities are To Be Sold Lester Michael K.

See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.

Relationship to Issuer associated to affiliate

144: Securities Information

Title of the Class of Securities To Be Sold	Name and Address of the Broker	Number of Shares or Other Units To Be Sold	Aggregate Market Value	Number of Shares or Other Units Outstanding	Approximate Date of Sale	Name the Securities Exchange
common	Fidelity Brokerage Services LLC 245 summer street boston MA 02110	1500000	13875000.00	376764734	07/18/2023	NASDAQ

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or any part of the purchase price or other consideration therefor:

144: Securities To Be Sold

Title of the Class	Date you Acquired	Nature of Acquisition	Name of Person from	Is this	Date Donor	Amount of Securities	Date of Payment	Nature of Payment *
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Transaction	Whom Acquired	a Gift?	Acquired	Acquired
common	05/14/2020 stock award	company	<input type="checkbox"/>	1500000 06/09/2021 compensation

* If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

144: Securities Sold During The Past 3 Months

Name and Address of Seller	Title of Securities Sold	Date of Sale	Amount of Securities Sold	Gross Proceeds
Michael Lester 4800 North Scottsdale Road Scottsdale AZ 85251	Lifestance health group inc	06/14/2023	30000	269595.83
Michael Lester 4800 North Scottsdale Road Scottsdale AZ 85251	Lifestance health group inc	06/14/2023	20000	184098.52
Michael Lester 4800 North Scottsdale Road Scottsdale AZ 85251	Lifestance health group inc	06/15/2023	50000	457636.33
Michael Lester 4800 North Scottsdale Road Scottsdale AZ 85251	Lifestance health group inc	06/15/2023	200000	1828305.34
Michael Lester 4800 North Scottsdale Road Scottsdale AZ 85251	Lifestance health group inc	06/16/2023	100398	902882.01
Michael Lester 4800 North Scottsdale Road Scottsdale AZ 85251	Lifestance health group inc	06/20/2023	45936	418694.09
Michael Lester 4800 North Scottsdale Road Scottsdale AZ 85251	Lifestance health group inc	06/21/2023	79611	720282.70
Michael Lester 4800 North Scottsdale Road Scottsdale AZ 85251	Lifestance health group inc	06/22/2023	46728	424530.30
Michael Lester 4800 North Scottsdale Road Scottsdale AZ 85251	Lifestance health group inc	06/23/2023	41247	372115.07
Michael Lester 4800 North Scottsdale Road Scottsdale AZ 85251	Lifestance health group inc	06/26/2023	80879	729652.13
Michael Lester 4800 North Scottsdale Road Scottsdale AZ 85251	Lifestance health group inc	06/27/2023	601014	5459266.89
Michael Lester 4800 North Scottsdale Road Scottsdale AZ 85251	Lifestance health group inc	06/28/2023	4187	38268.45
Michael Lester 4800 North Scottsdale Road Scottsdale AZ 85251	Lifestance health group inc	07/14/2023	200000	1851925.15

144: Remarks and Signature

Remarks

Date of Notice 07/19/2023

ATTENTION:

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed. If such person has adopted a written trading plan or given trading instructions to satisfy Rule 10b5-1 under the Exchange Act, by signing the form and indicating the date that the plan was adopted or the instruction given, that person makes such representation as of the plan adoption or instruction date.

Signature /s/ Audrey Skillern as a duly authorized representative of Fidelity Brokerage Services LLC, as attorney-in-fact for Michael Lester

ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)