UNITED STATES SECURITIES AND EXCHANGE COMMISSION

WASHINGTON, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): August 09, 2023

LifeStance Health Group, Inc.

(Exact name of Registrant as Specified in Its Charter)

Delaware (State or Other Jurisdiction of Incorporation) 001-40478 (Commission File Number) 86-1832801 (IRS Employer Identification No.)

4800 N. Scottsdale Road Suite 6000 Scottsdale, Arizona (Address of Principal Executive Offices)

85251 (Zip Code)

Registrant's Telephone Number, Including Area Code: 602 767-2100

(Former Name or Former Address, if Changed Since Last Report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

□ Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)

□ Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

D Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

D Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Securities registered pursuant to Section 12(b) of the Act:

	Trading	
Title of each class	Symbol(s)	Name of each exchange on which registered
Common Stock, par value \$0.01 per share	LFST	The Nasdaq Stock Market LLC

Indicate by check mark whether the registrant is an emerging growth company as defined in Rule 405 of the Securities Act of 1933 (§ 230.405 of this chapter) or Rule 12b-2 of the Securities Exchange Act of 1934 (§ 240.12b-2 of this chapter).

Emerging growth company \boxtimes

If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act.

Item 2.02 Results of Operations and Financial Condition.

On August 9, 2023, LifeStance Health Group, Inc. ("LifeStance Health Group", "LifeStance" or the "Company") issued a press release announcing its results of operations for the second quarter ended June 30, 2023. A copy of the press release is furnished as Exhibit 99.1.

The information furnished under Item 2.02 of this Current Report on Form 8-K, including the exhibit, shall not be deemed "filed" for purposes of Section 18 of the Securities Exchange Act of 1934, as amended (the "Exchange Act"), nor shall it be deemed incorporated by reference into LifeStance Health Group's filings with the SEC under the Securities Act of 1933, as amended (the "Securities Act"), or the Exchange Act, except as shall be expressly set forth by specific reference in such a filing.

Item 7.01 Regulation FD Disclosure.

A slide presentation, which includes supplemental information related to LifeStance Health Group, is furnished as Exhibit 99.2. The information furnished under Item 7.01 of this Current Report on Form 8-K, including the exhibit, shall not be deemed "filed" for purposes of Section 18 of the Exchange Act, nor shall it be deemed incorporated by reference into LifeStance Health Group's filings with the SEC under the Securities Act or the Exchange Act, except as shall be expressly set forth by specific reference in such a filing.

Item 9.01 Financial Statements and Exhibits.

(d) Exhibits

Exhibit	Description
99.1	Press Release dated August 9, 2023.
99.2	Slide presentation providing supplemental information.
104	Cover Page Interactive Data File (embedded within the Inline XBRL document)

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned thereunto duly authorized.

LifeStance Health Group, Inc.

Date: August 9, 2023

By:

/s/ David Bourdon

David Bourdon Chief Financial Officer and Treasurer (principal financial and accounting officer)

Monica Prokocki VP of Investor Relations 602-767-2100 investor.relations@lifestance.com

LifeStance Reports Second Quarter 2023 Results

SCOTTSDALE, Ariz. – August 9, 2023 – LifeStance Health Group, Inc. (Nasdaq: LFST), one of the nation's largest providers of outpatient mental healthcare, today announced financial results for the second quarter ended June 30, 2023.

(All results compared to prior-year comparative period, unless otherwise noted) Q2 2023 Highlights and FY 2023 Outlook

- Total revenue of \$259.6 million increased \$50.1 million or 24% compared to total revenue of \$209.5 million
- Total clinicians of 6,132 up 17%, a sequential net increase of 171 in the second quarter
- Net loss of \$45.5 million compared to net loss of \$68.7 million, primarily driven by stock-based compensation expense
- Adjusted EBITDA of \$14.1 million compared to Adjusted EBITDA of \$14.6 million
- Raising revenue and Center Margin guidance: Now expecting full year 2023 revenue of \$1.01 to \$1.04 billion and Center Margin of \$280 to \$300 million; reaffirming full year 2023 Adjusted EBITDA guidance of \$50 to \$62 million

"In the first half of the year, we made solid progress toward execution of our long-term goals," said Ken Burdick, Chairman and CEO of LifeStance. "In addition to continued operational improvements, we rolled out a new companywide outcomes-informed care program that will highlight the great work that our clinicians do in caring for our patients. LifeStance's size and scale uniquely positions us to measure quality and outcomes in a disciplined way, and we are excited about this step on our journey to using data and analytics to better inform care and enhance mental health treatment."

Financial Highlights

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	Q2 2023	Q2 2022	Y/Y
(in millions)			
Total revenue	\$ 259.6	\$ 209.5	24%
Loss from operations	(48.4)	(60.5)	(20%)
Center Margin	73.0	59.8	22 %
Net loss	(45.5)	(68.7)	(34%)
Adjusted EBITDA	14.1	14.6	(3%)
As % of Total revenue:			
Loss from operations	(18.6%)	(28.9%)	
Center Margin	28.1 %	28.5 %	
Net loss	(17.5%)	(32.8%)	
Adjusted EBITDA	5.4%	7.0%	

(All results compared to prior-year period, unless otherwise noted)

- Total revenue grew 24% to \$259.6 million. Strong revenue growth in the second quarter was driven primarily by net clinician growth and increased visit volumes.
- Loss from operations was \$48.4 million, primarily driven by stock-based compensation expense of \$33.1 million. Net loss was \$45.5 million.
- Center Margin grew 22% to \$73.0 million, or 28.1% of total revenue.
- Adjusted EBITDA declined 3% to \$14.1 million, or 5.4% of total revenue. Adjusted EBITDA as a percentage of revenue decreased as a result of higher G&A expenses from investments in the business.

Balance Sheet, Cash Flow and Capital Allocation

For the six months ended June 30, 2023, LifeStance used \$8.3 million cash flow from operations, including \$0.4 million during the second quarter of 2023. The Company ended the second quarter with cash of \$79.6 million and net long-term debt of \$248.7 million.

2023 Guidance

LifeStance is raising full year revenue and Center Margin guidance, with the following outlook for 2023:

The Company expects full year revenue of \$1.01 to \$1.04 billion, Center Margin of \$280 to \$300 million, and Adjusted EBITDA of \$50 to \$62 million.
For the third quarter of 2023, the Company expects total revenue of \$250 to \$260 million, Center Margin of \$69 to \$76 million, and Adjusted EBITDA of \$11 to \$17 million

Conference Call, Webcast Information, and Presentations

LifeStance will hold a conference call today, August 9, 2023, at 8:30 a.m. Eastern Time to discuss the second quarter 2023 results. Investors who wish to participate in the call should dial 1-800-715-9871, domestically, or 1-646-307-1963, internationally, approximately 10 minutes before the call begins and provide conference ID number 7177364 or ask to be joined into the LifeStance call. A real-time audio webcast can be accessed via the Events and Presentations section of the LifeStance Investor Relations website (https://investor.lifestance.com), where related materials will be posted prior to the conference call.

About LifeStance Health Group, Inc.

Founded in 2017, LifeStance (Nasdaq: LFST) is reimagining mental health. We are one of the nation's largest providers of virtual and in-person outpatient mental health care for children, adolescents and adults experiencing a variety of mental health conditions. Our mission is to help people lead healthier, more fulfilling lives by improving access to trusted, affordable, and personalized mental healthcare. LifeStance employs approximately 6,100 psychiatrists, advanced practice nurses, psychologists and therapists and operates across 34 states and approximately 600 centers. To learn more, please visit www.LifeStance.com.

We routinely post information that may be important to investors on the "Investor Relations" section of our website at investor.lifestance.com. We encourage investors and potential investors to consult our website regularly for important information about us.

Forward-Looking Statements

Statements in this press release and on the related teleconference that express a belief, expectation or intention, as well as those that are not historical fact, are forward-looking statements. These statements include, but are not limited to, statements with respect to: full year and third quarter guidance and management's related assumptions; the Company's financial position; business plans and objectives; expense optimization and other cost-saving initiatives; general economic and industry trends; operating results; working capital and liquidity; and other statements contained in this press release that are not historical facts. When used in this press release and on the related teleconference, words such as "may," "will," "should," "could," "intend," "potential," "continue," "anticipate," "believe," "estimate," "expect," "plan," "target," "predict," "project," "seek" and similar expressions as they relate to us are intended to identify forward-looking statements. They involve a number of risks and uncertainties that may cause actual events and results to differ materially from such forward-looking statements. These risks and uncertainties include, but are not limited to: we may not grow at the rates we historically have achieved or at all, even if our key metrics may imply future growth, including if we are unable to successfully execute on our growth initiatives and business strategies; if we fail to manage our growth effectively, our expenses could increase more than expected, our revenue may not increase proportionally or at all, and we may be unable to execute on our business strategy; our ability to recruit new clinicians and retain existing clinicians; if reimbursement rates paid by third-party payors are reduced or if third-party payors otherwise restrain our ability to obtain or deliver care to patients, our business could be harmed; we conduct business in a heavily regulated industry and if we fail to comply with these laws and government regulations, we could incur penalties or be required to make significant changes to our operations or experience adverse publicity, which could have a material adverse effect on our business, results of operations and financial condition; we are dependent on our relationships with affiliated practices, which we do not own, to provide health care services, and our business would be harmed if those relationships were disrupted or if our arrangements with these entities became subject to legal challenges; we operate in a competitive industry, and if we are not able to compete effectively, our business, results of operations and financial condition would be harmed; the impact of health care reform legislation and other changes in the healthcare industry and in health care spending on us is currently unknown, but may harm our business; if our or our vendors' security measures fail or are breached and unauthorized access to our employees', patients' or partners' data is obtained, our systems may be perceived as insecure, we may incur significant liabilities, including through private litigation or regulatory action, our reputation may be harmed, and we could lose patients and partners; our business depends on our ability to effectively invest in, implement improvements to and properly maintain the uninterrupted operation and data integrity of our information technology and other business systems; our ability to successfully execute on expense optimization initiatives; actual or anticipated changes or fluctuations in our results of operations; our existing indebtedness could adversely affect our business and growth prospects; and other risks and uncertainties set forth under "Risk Factors" included in the reports we have filed or will file with the Securities and Exchange Commission, including our Annual Report on Form 10-K for the year ended December 31, 2022 and

subsequent filings made with the Securities and Exchange Commission. LifeStance does not undertake to update any forward-looking statements made in this press release to reflect any change in management's expectations or any change in the assumptions or circumstances on which such statements are based, except as otherwise required by law.

Non-GAAP Financial Information

This press release contains certain non-GAAP financial measures, including Center Margin, Adjusted EBITDA, and Adjusted EBITDA margin. Tables showing the reconciliation of these non-GAAP financial measures to the comparable GAAP measures are included at the end of this release. Management believes these non-GAAP financial measures are useful in evaluating the Company's operating performance, and may be helpful to securities analysts, institutional investors and other interested parties in understanding the Company's operating performance and prospects. These non-GAAP financial measures, as calculated, may not be comparable to companies in other industries or within the same industry with similarly titled measures of performance. Therefore, the Company's non-GAAP financial measures should be considered in addition to, not as a substitute for, or in isolation from, measures prepared in accordance with GAAP, such as net loss or loss from operations.

Center Margin and Adjusted EBITDA anticipated for the third quarter of 2023 and full year 2023 are calculated in a manner consistent with the historical presentation of these measures at the end of this release. Reconciliation for the forward-looking third quarter of 2023 and full year 2023 Center Margin and Adjusted EBITDA guidance is not being provided, as LifeStance does not currently have sufficient data to accurately estimate the variables and individual adjustments for such reconciliation. As such, LifeStance management cannot estimate on a forward-looking basis without unreasonable effort the impact these variables and individual adjustments will have on its reported results.

Management acknowledges that there are many items that impact a company's reported results and the adjustments reflected in these non-GAAP measures are not intended to present all items that may have impacted these results.

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Consolidated Financial Information and Reconciliations

CONSOLIDATED BALANCE SHEETS (unaudited) (In thousands, except for par value)

	Ju	ne 30, 2023	December 31, 2022		
CURRENT ASSETS					
Cash and cash equivalents	\$	79,605	\$	108,621	
Patient accounts receivable, net		121,796		100,868	
Prepaid expenses and other current assets		36,480		23,734	
Total current assets		237,881		233,223	
NONCURRENT ASSETS					
Property and equipment, net		193,144		194,189	
Right-of-use assets		191,381		199,431	
Intangible assets, net		243,788		263,294	
Goodwill		1,293,502		1,272,939	
Other noncurrent assets		11,221		10,795	
Total noncurrent assets		1,933,036		1,940,648	
Total assets	\$	2,170,917	\$	2,173,871	
LIABILITIES AND STOCKHOLDERS' EQUITY					
CURRENT LIABILITIES					
Accounts payable	\$	8,044	\$	12,285	
Accrued payroll expenses		81,144		75,650	
Other accrued expenses		34,348		30,428	
Current portion of contingent consideration		10,537		15,876	
Operating lease liabilities, current		43,446		38,824	
Other current liabilities		3,335		2,936	
Total current liabilities		180,854		175,999	
NONCURRENT LIABILITIES					
Long-term debt, net		248,718		225,079	
Operating lease liabilities, noncurrent		205,586		212,586	
Deferred tax liability, net		38,324		38,701	
Other noncurrent liabilities		2,559		2,783	
Total noncurrent liabilities		495,187		479,149	
Total liabilities	\$	676,041	\$	655,148	
COMMITMENTS AND CONTINGENCIES					
STOCKHOLDERS' EQUITY					
Preferred stock – par value \$0.01 per share; 25,000 shares authorized as of June 30, 2023 and December 31, 2022; 0 shares issued and outstanding as of June 30, 2023 and December 31, 2022		_		_	
Common stock – par value \$0.01 per share; 800,000 shares authorized as of June 30, 2023 and December 31, 2022; 378,005 and 375,964 shares issued and outstanding as of June 30, 2023 and December 31, 2022,					
respectively		3,782		3,761	
Additional paid-in capital		2,141,247		2,084,324	
Accumulated other comprehensive income		4,151		3,274	
Accumulated deficit		(654,304)		(572,636)	
Total stockholders' equity		1,494,876		1,518,723	
Total liabilities and stockholders' equity	\$	2,170,917	\$	2,173,871	

CONSOLIDATED STATEMENTS OF OPERATIONS AND COMPREHENSIVE LOSS

(unaudited)

(In thousands, except for Net Loss per Share)

Three Months Ended June 30,			Six Months Ended June 30,				
	2023		2022		2023		2022
\$	259,578	\$	209,527	\$	512,167	\$	412,622
	,		,		,		298,590
	101,854		103,559		186,480		206,928
	19,530		16,743		38,599		32,427
\$	307,991	\$	269,999	\$	594,673	\$	537,945
\$	(48,413)	\$	(60,472)	\$	(82,506)	\$	(125,323)
	1,539		(180)		2,576		(614)
	(3)		(19)		(89)		(297)
	(5,119)		(7,133)		(10,211)		(10,574)
	(24)		—		(69)		—
\$	(3,607)	\$	(7,332)	\$	(7,793)	\$	(11,485)
	(52,020)		(67,804)		(90,299)		(136,808)
	6,542		(923)		10,579		5,753
\$	(45,478)	\$	(68,727)	\$	(79,720)	\$	(131,055)
	(0.13)		(0.19)		(0.22)		(0.37)
			252 522		262.020		050 005
	363,161		353,/29		362,039		352,297
\$	(45.478)	\$	(68 727)	\$	(79,720)	\$	(131,055)
Ψ	(-10,-170)	Ψ	(00,727)	Ψ	(75,720)	Ψ	(101,000)
	2,147		_		877		_
\$	(43,331)	\$	(68,727)	\$	(78,843)	\$	(131,055)
	\$ \$ \$ \$	$\begin{array}{c c c c c c c c c c c c c c c c c c c $	$\begin{array}{c c c c c c c c c c c c c c c c c c c $	$\begin{array}{c c c c c c c c c c c c c c c c c c c $	$\begin{array}{c c c c c c c c c c c c c c c c c c c $	\$ 259,578 \$ 209,527 \$ 512,167 186,607 149,697 369,594 101,854 103,559 186,480 19,530 16,743 38,599 \$ 307,991 \$ 269,999 \$ 594,673 \$ (48,413) \$ (60,472) \$ (82,506) 1,539 (180) 2,576 (3) (10,211) (24) (69) \$ (7,733) (52,020) (67,804) (90,299) \$ (7,793) (52,020) (67,804) (90,299) \$ (79,720)	$\begin{array}{c c c c c c c c c c c c c c c c c c c $

CONSOLIDATED STATEMENTS OF CASH FLOWS (unaudited) (In thousands)

		Six Months En				
		2023		2022		
CASH FLOWS FROM OPERATING ACTIVITIES						
Net loss	\$	(79,720)	\$	(131,055		
Adjustments to reconcile net loss to net cash (used in) provided by operating activities:						
Depreciation and amortization		38,599		32,427		
Non-cash operating lease costs		20,263		52,427		
Stock-based compensation		56,944		117,365		
Loss on debt extinguishment				3,380		
Amortization of discount and debt issue costs		1,076		748		
(Gain) loss on remeasurement of contingent consideration		(2,576)		614		
Other, net		2,708		014		
Change in operating assets and liabilities, net of businesses acquired:		2,700				
Patient accounts receivable, net		(20,558)		(21,900		
Prepaid expenses and other current assets		(15,176)		(21,300)		
Accounts payable		(5,395)		1.731		
Accrued payroll expenses		5,158		(289)		
Operating lease liabilities		(16,929)		(205		
Other accrued expenses		7,282		13,471		
Net cash (used in) provided by operating activities	\$	(8,324)	\$	11,141		
CASH FLOWS FROM INVESTING ACTIVITIES	Φ	(0,324)	ψ	11,141		
Purchases of property and equipment		(19,310)		(53,775)		
Acquisitions of businesses, net of cash acquired		(19,820)		(35,118)		
	\$		\$	1		
Net cash used in investing activities	<u>ð</u>	(39,130)	<u>⊅</u>	(88,893)		
CASH FLOWS FROM FINANCING ACTIVITIES		25,000		220.000		
Proceeds from long-term debt, net of discount		25,000		228,000		
Payments of debt issue costs		(188)		(7,184)		
Payments of long-term debt		(1,173)		(181,230)		
Prepayment for debt paydown		(5.004.)		(1,609)		
Payments of contingent consideration		(5,201)		(11,090)		
Taxes related to net share settlement of equity awards	<u>+</u>		<u></u>	(478)		
Net cash provided by financing activities	\$	18,438	\$	26,409		
NET DECREASE IN CASH AND CASH EQUIVALENTS		(29,016)		(51,343)		
Cash and Cash Equivalents - Beginning of period		108,621		148,029		
CASH AND CASH EQUIVALENTS – END OF PERIOD	\$	79,605	\$	96,686		
SUPPLEMENTAL DISCLOSURE OF CASH FLOW INFORMATION						
Cash paid for interest, net	\$	9,830	\$	4,927		
Cash paid for taxes, net of refunds	\$	313	\$	860		
SUPPLEMENTAL DISCLOSURES OF NON CASH INVESTING AND FINANCING ACTIVITIES						
Equipment financed through finance leases	\$		\$	256		
Contingent consideration incurred in acquisitions of businesses	\$	1,985	\$	5,683		
Acquisition of property and equipment included in liabilities	\$	6,238	\$	13,055		

RECONCILIATION OF LOSS FROM OPERATIONS TO CENTER MARGIN (unaudited)

	Three Months Ended June 30,				Six Months Ended June 30,			
	 2023		2022		2023		2022	
(in thousands)								
Loss from operations	\$ (48,413)	\$	(60,472)	\$	(82,506)	\$	(125,323)	
Adjusted for:								
Depreciation and amortization	19,530		16,743		38,599		32,427	
General and administrative expenses ⁽¹⁾	101,854		103,559		186,480		206,928	
Center Margin	\$ 72,971	\$	59,830	\$	142,573	\$	114,032	

Represents salaries, wages and employee benefits for our executive leadership, finance, human resources, marketing, billing and credentialing support and technology infrastructure and stock-based compensation for all employees. (1)

RECONCILIATION OF NET LOSS TO ADJUSTED EBITDA (unaudited)

	Three Months Ended June 30,				Six Months E	ıded June 30,	
	 2023		2022		2023		2022
(in thousands)							
Net loss	\$ (45,478)	\$	(68,727)	\$	(79,720)	\$	(131,055)
Adjusted for:							
Interest expense, net	5,119		7,133		10,211		10,574
Depreciation and amortization	19,530		16,743		38,599		32,427
Income tax (benefit) provision	(6,542)		923		(10,579)		(5,753)
(Gain) loss on remeasurement of							
contingent consideration	(1,539)		180		(2,576)		614
Stock-based compensation expense	33,078		57,510		56,944		117,365
Loss on disposal of assets	24		—		69		—
Transaction costs ⁽¹⁾	3		19		89		297
Executive transition costs	362		—		522		—
Litigation costs ⁽²⁾	3,446		—		3,849		—
Strategic initiatives ⁽³⁾	2,045		_		2,452		—
Special charges ⁽⁴⁾	3,720		—		3,720		_
Other expenses ⁽⁵⁾	 297		851		589		2,645
Adjusted EBITDA	\$ 14,065	\$	14,632	\$	24,169	\$	27,114

(1) (2)

(3) (4)

Primarily includes capital markets advisory, consulting, accounting and legal expenses related to our acquisitions. Litigation costs include only those costs which are considered non-recurring and outside of the ordinary course of business based on the following considerations, which we assess regularly: (i) the frequency of similar cases that have been brought to date, or are expected to be brought within two years, (ii) the complexity of the case, (iii) the nature of the remedy(ies) sought, including the size of any monetary damages sought, (iv) the counterparty involved, and (v) our overall litigation strategy. Represents costs, such as third-party consulting costs and one-time costs, that are not part of our ongoing operations related to our systems strategic initiatives. Special charges include certain asset impairment costs, certain gains and losses related to early lease terminations, and exit and disposal costs related to our real estate optimization project to consolidate our physical footprint. Primarily includes costs incurred to consummate or integrate acquired centers, certain of which are wholly-owned and certain of which are affiliated practices, in addition to the compensation paid to former owners of acquired centers and related expenses that are not reflective of the ongoing operating expenses of our centers. Acquired center integration and other are components of general and administrative expenses included in our unaudited consolidated statements of operations and comprehensive loss. Former owner fees is a component of center costs, excluding depreciation and amortization included in our unaudited consolidated statements of operations and comprehensive loss. (5)



Reimagining Mental Health

Q2 2023 Earnings Presentation • August 9, 2023

Forward-Looking Statements

DISCLAIMERS

Cautionary Note Regarding Forward-Looking Statements This presentation and related oral statements, including during any question and answer portion of the presentation, contain forward-looking statements about LifeStance Health Group, Inc. and its subsidiaries ("LifeStance") and the industry in which This presentation and related oral statements, including during any question and answer portion of the presentation, contain forward-looking statements about LifeStance enders including during any question and answer portion of the presentation, contain forward-looking statements about LifeStance operates, including statements regarding: full-year and thrich-quarter guidance and management's related assumptions; the Company's financial position; business plans and objectives; expense optimization and other cost-awing initiatives; generale conomic and industry trends; operating results; working capital and liquidity; and other statements contained in this presentation that are not historical facts. These statements are subject to known and unknown uncertainties and contingencies outside of LifeStance's control and which are largely based on our current expectations and projections about future events and financial trends that we believe may affect LifeStance's fancial contition, results of operations, business strategy, and prospects. LifeStance's facture larget, "meined" "envision," "envision," "expect," "intend," "may," "plan," "predict," "project," "arget," "potential," "will," "would," "could," "should," "continue," contemplate" and other similar expressions are intended to identify forward-looking statements are subject to a number of risks, uncertainties, factors and assumptions, including, among other things: we may not grow the relates we historically have any to revenue may not increase proportionally or at all, even if our key metrics may imply future growth, including if we are unable to successfully execute on our growth histities; and relatine existing clinicians; if reimburg, are ophysicand to unable of the variet avaid the variet avaid the variet events and relating existing clinicians; if reimburg, and the industry payors are reduced or revenue may not increase proportionally or at all, even if our key metrics and by third-party payors are reduced or if biodnastity and to histing examptions; the or if third-party payors otherwise restrain our ability to obtain or deliver care to patients, our business could be harmed; we conduct business in a heavily regulated industry and if we fail to comply with these laws and government regulations, we could be harmed; we conduct business in a heavily regulated industry and if we fail to comply with these laws and government regulations, we could be harmed; we conduct business in a heavily regulated industry and if we fail to comply with these laws and government regulations, we could be harmed; we conduct business in a heavily regulated industry and if we fail to comply with these laws and government regulations, we could be harmed; we conduct business, results of operations and financial condition; we are dependent on our relationships with affiliated practices, which we do not own, to provide health care services, and our business would be harmed if those relationships were disrupted or if our arrangements with these entities became subject to legal challenges; we operate in a competitive industry, and if we are not able to compete effectively, our business, results of operations and financial condition would be harmed; the impact of health care reform legislation and other changes in the healthcare industry and in health care spending on us is currently unknown, but may harm our business; if our or our vendors' security measures fail or are breached and unauthorized access to our employees', patients' or partners' data is obtained, our systems may be perceived as insecure, we may incursignificant liabilities, including through private litigation or regulatory action, our reputation may be harmed, and we could lose patients and partners; our business depends on our ability to effectively invest in, implement improvements to and properly maintain the uninterrupted operation and data integrity of our information technology and other business systems; our ability to successfully execute on expense optimization initiatives; actual or anticipated changes or fluctuations in our results of operations; our existing indebtedness could adversely affect our business and growth prospects; and the other factors set forth in our filings with the Securities and Exchange Commission. The forward-looking statements, together with statements relating to our past performance, should not be regarded as a reliable indicator of our future performance. We undertake no obligation to update any forward-looking statements made in this presentation or to reflect new information or the occurrence of unanticipated events, except as may be required by law. We may not actually achieve the plans, intentions, or expectations disclosed in our forward-looking statements, and you should not place undue reliance on our forward-looking statements. Our forward-looking statements do not reflect the potential impact of any future mergers, dispositions, ioint ventures, or investments

Use of Non-GAAP Financial Measures

In addition to financial measures presented in accordance with U.S. generally accepted accounting principles ("GAAP"), this presentation includes certain non-GAAP financial measures, including Center Margin, Adjusted EBITDA and Adjusted EBITDA Margin. These non-GAAP measures are in addition to, and not a substitute for, or superior to, measures of financial performance prepared in accordance with U.S. GAAP. The non-GAAP financial measures used by LifeStance may differ from the non-GAAP financial measures used by other companies. A reconciliation of these measures to the most directly comparable U.S. GAAP measure is included in the Appendix to these slides or as otherwise described in these slides.

Market and Industry Data

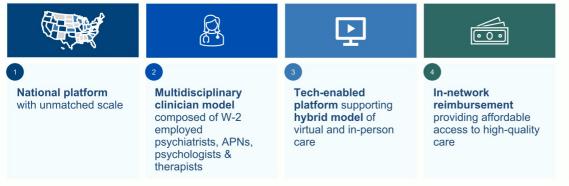
This presentation also contains information regarding our market and industry that is derived from third-party research and publications. This information involves a number of assumptions and limitations. Forecasts, assumptions, beliefs, estimates and projections involve risk and uncertainties and are subject to change based on various factors



LifeStance: Reimagining Mental Healthcare

OUR MISSIONIncreasing access to trusted, affordable, and personalized mental healthcareOUR VISIONA truly healthy society where mental and physical healthcare are unified to make lives better

Building the Leading Outpatient Mental Health Platform



Note: Unless otherwise stated, data is as of June 30, 2023; (1) Trailing twelve months

3

6,132

Clinicians 17% Y/Y Growth

\$959M

Revenue | TTM⁽¹⁾ 24% Y/Y TTM⁽¹⁾ G<u>rowth</u>

6.3M

Visits | TTM⁽¹⁾

600 +

Centers

in 34 States

Q2 2023 Highlights

- Q2 Revenue of \$259.6 million increased 24% year-over-year
- Total clinicians of 6,132, +17% Y/Y; 171 net clinician adds in Q2
- Q2 Center Margin of \$73.0 million, or 28.1% as a percentage of revenue
- Q2 Adjusted EBITDA of \$14.1 million, or 5.4% as a percentage of revenue
- Ended Q2 with a cash position of \$79.6 million
- Continued to deploy proprietary **online booking and intake experience ("OBIE")** across the country, which is now **live nationwide**
- Simplified and standardized by aligning all centers on one single EHR, phone, and e-mail system
- Launched a new outcomes-informed care program to better support our clinicians in measuring how their patients' care is progressing

Note: See reconciliation of GAAP to non-GAAP measures in the Appendix to this presentation.

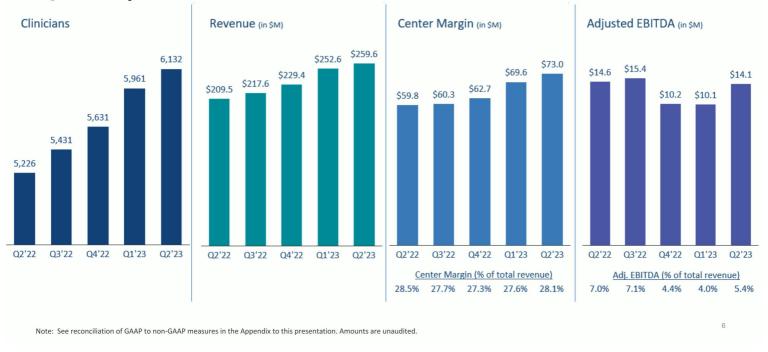


Q2 2023 Results



LifeStance

Quarterly Trends



Balance Sheet, Cash Flow, and Capital Allocation



Evolving from purely growth mindset to balanced set of objectives that include operational excellence, profitable growth, and disciplined capital deployment

*Long-Term Debt is Net of Current Portion and Unamortized Discount and Debt Issue Costs

2023 Guidance

(All \$ in M)	FY 2023	Q3 2023
Revenue	\$1,010 — \$1,040 (Raised from \$990 - \$1,020)	\$250 – \$260
Center Margin	\$280 — \$300 (Raised from \$274 - \$290)	\$69 – \$76
Adj. EBITDA	\$50 — \$62 (Reaffirmed)	\$11 - \$17

Note: Center Margin and Adjusted EBITDA anticipated for third quarter of 2023 and full year 2023 are calculated in a manner consistent with the historical presentation of these measures in the Appendix to this presentation. Reconciliation for the forward-looking third quarter of 2023 and full year 2023 Center Margin and Adjusted EBITDA guidance is not being provided, as LifeStance does not currently have sufficient data to accurately estimate the variables and individual adjustments for such reconciliation. IfeStance management cannot estimate on a forward-looking basis without unreasonable effort the impact these variables and individual adjustments will have on its reported results.

Planning Assumptions

- Assumes no more than 36 de novo center openings
- Assumes M&A spend of ~\$40M, inclusive of up to \$20M in earnouts from prior years' acquisitions
- Assumes no further COVID-related impacts or changes in the labor market environment



Appendix

Quarterly Statements of Operations and Comprehensive Loss

	2023	3		22		
(\$M)	Q2	Q1	Q4	Q3	Q2	Q1
Total revenue	\$259.6	\$252.6	\$229.4	\$217.6	\$209.5	\$203.1
Operating expenses						
Center costs, excluding depreciation and amortization	186.6	183.0	166.7	157.3	149.7	148.9
General and administrative expenses	101.9	84.6	89.8	81.2	103.6	103.4
Depreciation and amortization	19.5	19.1	18.9	17.9	16.7	15.7
Loss from operations	(48.4)	(34.1)	(46.0)	(38.8)	(60.5)	(64.9
Other income (expense)						
Gain (loss) on remeasurement of contingent consideration	1.5	1.0	(2.2)	1.2	(0.2)	(0.4
Transaction costs	(0.0)	(0.1)	(0.2)	(0.2)	(0.0)	(0.3
Interest expense, net	(5.1)	(5.1)	(5.2)	(4.2)	(7.1)	(3.4
Other expense	(0.0)	(0.0)	(0.1)	(0.1)	_	-
Total other expense	(3.6)	(4.2)	(7.7)	(3.4)	(7.3)	(4.2
Loss before taxes	(52.0)	(38.3)	(53.7)	(42.2)	(67.8)	(69.0
Income tax benefit (provision)	6.5	4.0	7.1	4.4	(0.9)	6.3
Net loss	(\$45.5)	(\$34.2)	(\$46.7)	(\$37.9)	(\$68.7)	(\$62.3
Other comprehensive income (loss)						
Unrealized gains (losses) on cash flow hedge, net of tax	2.1	(1.3)	0.1	3.2	_	-
Comprehensive loss	(\$43.3)	(\$35.5)	(\$46.6)	(\$34.7)	(\$68.7)	(\$62.3

Subtotals in the schedule above may not foot due to rounding. Amounts are unaudited.

Quarterly GAAP to Non-GAAP Reconciliations – Center Margin

	2023		2022				
(\$M)	Q2	Q1	Q4	Q3	Q2	Q1	
Loss from operations	(\$48.4)	(\$34.1)	(\$46.0)	(\$38.8)	(\$60.5)	(\$64.9)	
Adjusted for:							
Depreciation and amortization	19.5	19.1	18.9	17.9	16.7	15.7	
General and administrative expenses (1)	101.9	84.6	89.8	81.2	103.6	103.4	
Center Margin	\$73.0	\$69.6	\$62.7	\$60.3	\$59.8	\$54.2	

Subtotals in the schedule above may not foot due to rounding. Amounts are unaudited.

(1) Represents salaries, wages and employee benefits for our executive leadership, finance, human resources, marketing, billing and credentialing support and technology infrastructure and stock-based compensation for all employees.

Quarterly GAAP to Non-GAAP Reconciliations – Adjusted EBITDA

	2023					
(\$M)	Q2	Q1	Q4	Q3	Q2	Q1
Net loss	(\$45.5)	(\$34.2)	(\$46.7)	(\$37.9)	(\$68.7)	(\$62.3)
Adjusted for:						
Interest expense, net	5.1	5.1	5.2	4.2	7.1	3.4
Depreciation and amortization	19.5	19.1	18.9	17.9	16.7	15.7
Income tax (benefit) provision	(6.5)	(4.0)	(7.1)	(4.4)	0.9	(6.7
(Gain) loss on remeasurement of contingent consideration	(1.5)	(1.0)	2.2	(1.2)	0.2	0.4
Stock-based compensation	33.1	23.9	35.2	34.9	57.5	59.9
Loss on disposal of assets	0.0	0.0	0.1	0.1	_	_
Transaction costs (1)	0.0	0.1	0.2	0.2	0.0	0.3
Executive transition costs	0.4	0.2	0.8	0.5	_	_
Litigation costs (2)	3.4	0.4	0.7	0.1	_	_
Strategic initiatives (3)	2.0	0.4	_	_	_	_
Special charges (4)	3.7	-	—	-	—	_
Other expenses ⁽⁵⁾	0.3	0.3	0.6	0.9	0.9	1.8
Adjusted EBITDA	\$14.1	\$10.1	\$10.2	\$15.4	\$14.6	\$12.5

Subtotals in the schedule above may not foot due to rounding. Amounts are unaudited.

Primarily includes capital markets advisory, consulting, accounting and legal expenses related to our acquisitions.
 Itigation costs include only those costs which are considered non-recurring and outside of the ordinary course of business based on the following considerations, which we assess regularly; (i) the frequency of similar cases that have been brought to date, or are expected to be brought within two years, (ii) the complexity of the case, (iii) the nature of the remedy(ies) sought, including the size of any monetary damages sought, (iv) the counterparty involved, and (v) our overall illigation strategy.
 Represents costs, such as third-party consulting costs and one-time costs, that are not part of our ongoing operations related to our systems strategic initiatives.
 Represents costs, such as third-party consulting costs and one-time costs, that are not part of our ongoing operations related to our related to our real estate optimization project to consolidate our physical footprint.
 Primarily includes costs incurred to consummate or integrate acquired centers, certain of which are which-are estimations of general and administrative expenses induced in our unaudited consolidated statements of expenses that are not reflective expenses induce expenses in a diministrative expenses induced in our unaudited consolidated statements of the noging operating expenses of our centers. Acquired center in dwhich are efficient are components of general and administrative expenses included in our unaudited consolidated statements operations and comprehensive loss. Former owner fees is a component of center costs, excluding depreciation and amortization included in our unaudited consolidated statements of general and administrative expenses.

Non-GAAP Financial Metrics

	2023					
(SM)	Q2	Q1	Q4	Q3	Q2	Q1
Key Metrics						
Clinicians	6,132	5,961	5,631	5,431	5,226	4,98
Total Revenue	\$259.6	\$252.6	\$229.4	\$217.6	\$209.5	\$203
Center costs, excluding depreciation and amortization	186.6	183.0	166.7	157.3	149.7	148
Center Margin (Non-GAAP)	\$73.0	\$69.6	\$62.7	\$60.3	\$59.8	\$54
% Margin	28.1%	27.6%	27.3%	27.7%	28.5%	26.7
General and administrative expenses	101.9	84.6	89.8	81.2	103.6	103
Depreciation and amortization	19.5	19.1	18.9	17.9	16.7	15
Loss from operations	(48.4)	(34.1)	(46.0)	(38.8)	(60.5)	(64.
Other income (expense)						
Other income (expense)	2.9	(0.1)	(0.6)	1.0	(8.3)	2
Net loss	(\$45.5)	(\$34.2)	(\$46.7)	(\$37.9)	(\$68.7)	(\$62.
Other comprehensive income (loss)						
Unrealized gains (losses) on cash flow hedge, net of tax	2.1	(1.3)	0.1	3.2	_	
Comprehensive loss	(\$43.3)	(\$35.5)	(\$46.6)	(\$34.7)	(\$68.7)	(\$62.
Adjusted EBITDA build						
Net loss	(45.5)	(34.2)	(46.7)	(37.9)	(68.7)	(62
Interest expense, net	5.1	5.1	5.2	4.2	7.1	
Depreciation and amortization	19.5	19.1	18.9	17.9	16.7	15
Income tax (benefit) provision	(6.5)	(4.0)	(7.1)	(4.4)	0.9	(6
(Gain) loss on remeasurement of contingent consideration	(1.5)	(1.0)	2.2	(1.2)	0.2	(
Stock-based compensation	33.1	23.9	35.2	34.9	57.5	59
Loss on disposal of assets	0.0	0.0	0.1	0.1	_	
Transaction costs	0.0	0.1	0.2	0.2	0.0	
Executive transition costs	0.4	0.2	0.8	0.5	-	
Litigation costs	3.4	0.4	0.7	0.1	_	
Strategic initiatives	2.0	0.4	_	_	_	
Special charges	3.7		-	_	-	
Other expenses	0.3	0.3	0.6	0.9	0.9	1
Adjusted EBITDA (Non-GAAP)	\$14.1	\$10.1	\$10.2	\$15.4	\$14.6	\$12
% Margin	5.4%	4.0%	4.4%	7.1%	7.0%	6.2

Subtotals in the schedule above may not foot due to rounding. Amounts are unaudited.

Quarterly Balance Sheets

	2023					
(\$M)	Q2	Q1	Q4	Q3	Q2	Q1
Current assets						
Cash and cash equivalents	79.6	68.3	108.6	90.3	96.7	114.0
Patient accounts receivable, net	121.8	118.4	100.9	113.3	99.7	95.0
Prepaid expenses and other current assets	36.5	25.8	23.7	49.0	47.9	54.3
Total current assets	237.9	212.5	233.2	252.6	244.3	263.3
Property and equipment, net	193.1	193.5	194.2	193.4	190.7	170.9
Right-of-use assets	191.4	196.2	199.4	-	-	-
Intangible assets, net	243.8	254.0	263.3	272.5	282.1	291.2
Goodwill	1,293.5	1,293.6	1,272.9	1,249.8	1,243.7	1,229.3
Other noncurrent assets	11.2	8.8	10.8	11.4	7.9	3.7
Total noncurrent assets	1,933.0	1,946.1	1,940.6	1,727.1	1,724.4	1,695.1
Total assets	\$2,170.9	\$2,158.6	\$2,173.9	\$1,979.7	\$1,968.7	\$1,958.4
Accounts payable	8.0	7.7	12.3	7.9	12.9	15.1
Accrued payroll expenses	81.1	83.7	75.7	61.6	61.2	73.2
Other accrued expenses	34.3	32.0	30.4	29.3	26.2	21.8
Current portion of contingent consideration	10.5	13.3	15.9	10.8	9.0	13.5
Operating lease liabilities, current	43.4	41.6	38.8	-	_	-
Other current liabilities	3.3	2.8	2.9	2.6	2.2	2.0
Total current liabilities	180.9	181.1	176.0	112.3	111.5	125.6
Long-term debt, net	248.7	224.8	225.1	212.0	203.4	177.4
Operating lease liabilities, noncurrent	205.6	207.9	212.6	-	-	-
Contingent consideration, net of current portion	_	_	_	1.5	3.7	1.1
Deferred tax liability, net	38.3	37.6	38.7	55.4	54.3	54.3
Other noncurrent liabilities	2.6	2.1	2.8	67.0	64.5	57.5
Total noncurrent liabilities	495.2	472.3	479.1	335.9	325.8	290.3
Total liabilities	\$676.0	\$653.4	\$655.1	\$448.2	\$437.4	\$415.9
Common stock	3.8	3.8	3.8	3.8	3.8	3.7
Additional paid-in capital	2,141.2	2,108.2	2,084.3	2,050.5	2,015.7	1,958.2
Accumulated other comprehensive income	4.2	2.0	3.3	3.2	_	-
Accumulated deficit	(654.3)	(608.8)	(572.6)	(526.0)	(488.1)	(419.4)
Total stockholders' equity	1,494.9	1,505.1	1,518.7	1,531.5	1,531.3	1,542.5
Total liabilities and stockholders' equity	\$2,170.9	\$2,158.6	\$2,173.9	\$1,979.7	\$1,968.7	\$1,958.4

Subtotals in the schedule above may not foot due to rounding. Amounts are unaudite

Statements of Cash Flows

(SM)	Six Months Ended Q2'23	Q1′23	Six Months Ended Q2'22	Q1′22
CASH FLOWS FROM OPERATING ACTIVITIES				
Net loss	(\$79.7)	(\$34.2)	(\$131.1)	(\$62.3)
Adjustments to reconcile net loss to net cash (used in) provided by operating activities:				
Depreciation and amortization	38.6	19.1	32.4	15.7
Non-cash operating lease costs	20.3	10.1	-	_
Stock-based compensation	56.9	23.9	117.4	59.9
Loss on debt extinguishment	-	-	3.4	_
Amortization of discount and debt issue costs	1.1	0.5	0.7	0.3
(Gain) loss on remeasurement of contingent consideration	(2.6)	(1.0)	0.6	0.4
Other, net	2.7	-	_	-
Loss on disposal of assets	-	0.0	-	-
Change in operating assets and liabilities, net of businesses acquired:				
Patient accounts receivable, net	(20.6)	(17.1)	(21.9)	(18.1)
Prepaid expenses and other current assets	(15.2)	(4.5)	(5.4)	(12.1)
Accounts payable	(5.4)	(5.5)	1.7	1.9
Accrued payroll expenses	5.2	7.7	(0.3)	12.8
Operating lease liabilities	(16.9)	(8.7)	_	_
Other accrued expenses	7.3	2.0	13.5	4.9
Net cash (used in) provided by operating activities	(\$8.3)	(\$7.9)	\$11.1	\$3.3
CASH FLOWS FROM INVESTING ACTIVITIES				
Purchases of property and equipment	(19.3)	(7.7)	(53.8)	(27.9)
Acquisitions of businesses, net of cash acquired	(19.8)	(19.8)	(35.1)	(22.9)
Net cash used in investing activities	(\$39.1)	(\$27.5)	(\$88.9)	(\$50.9)
CASH FLOWS FROM FINANCING ACTIVITIES				
Proceeds from long-term debt, net of discount	25.0	-	228.0	20.0
Payments of debt issue costs	(0.2)	_	(7.2)	
Payments of long-term debt	(1.2)	(0.6)	(181.2)	(0.3)
Prepayment for debt paydown	-		(1.6)	_
Payments of contingent consideration	(5.2)	(4.3)	(11.1)	(5.7)
Taxes related to net share settlement of equity awards	-	_	(0.5)	(0.4)
Net cash provided by (used in) financing activities	\$18.4	(\$4.9)	\$26.4	\$13.5
NET DECREASE IN CASH AND CASH EQUIVALENTS	(\$29.0)	(\$40.3)	(\$51.3)	(\$34.0)
Cash and Cash Equivalents - Beginning of period	108.6	108.6	148.0	148.0
CASH AND CASH EQUIVALENTS - END OF PERIOD	\$79.6	\$68.3	\$96.7	\$114.0

Subtotals in the schedule above may not foot due to rounding. Amounts are unaudited.

Quarterly GAAP to Non-GAAP Reconciliations – Free Cash Flow (FCF)

	2023		2022			
(\$M)	Q2	Q1	Q4	Q3	Q2	Q1
Net cash (used in) provided by operating activities	(\$0.4)	(\$7.9)	\$36.0	\$5.7	\$7.8	\$3.3
Purchases of property and equipment	(\$11.6)	(\$7.7)	(\$10.4)	(\$15.1)	(\$25.9)	(\$27.9)
Free Cash Flow	(\$12.0)	(\$15.6)	\$25.6	(\$9.4)	(\$18.1)	(\$24.6

We define FCF, a non-GAAP performance measure, as net cash provided by operating activities less purchases of property and equipment. We believe that FCF is a useful indicator of liquidity that provides information to management and investors about the amount of cash generated from our operations that, after investments in property and equipment, can be used for future growth. FCF is presented for supplemental informational purposes only and has limitations as an analytical tool and should not be considered in isolation or as a substitute for analysis of other GAAP financial measures, such as net cash provided by operating activities. It is important to note that other companies, including companies in our industry, may not use this metric, may calculate metrics differently, or may use other financial measures to evaluate their liquidity, all of which could reduce the usefulness of this non-GAAP metrics as a comparative measure.

The above table presents a reconciliation of net cash provided by operating activities to FCF, the most directly comparable financial measure calculated in accordance with GAAP. Amounts are unaudited.

Quarterly Visits and Total Revenue Per Visit

	2023	2023		2022			
	Q2	Q1	Q4	Q3	Q2	Q1	
Total Revenue (\$M)	\$259.6	\$252.6	\$229.4	\$217.6	\$209.5	\$203.1	
Total Visits (000s)	1,705	1,665	1,487	1,429	1,413	1,392	
Total Revenue Per Visit (TRPV)	\$152.3	\$151.7	\$154.3	\$152.3	\$148.3	\$145.9	
Amounts are unaudited.							