FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Nashington,	D.C.	20549	

STATEMENT O	F CHANGES	IN BENEFICIAL	OWNERSHIP
			• • • • • • • • • • • • • • • • • • • •

	OMB APPROVAL							
ľ	OMB Number:	3235-0287						
l	Estimated average burden							
l	hours per response:	0.5						

)	Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See
	Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Bourdon David (Last) (First) (Middle) C/O LIFESTANCE HEALTH GROUP, INC. 4800 N. SCOTTSDALE ROAD, SUITE 6000					Issuer Name and Ticker or Trading Symbol LifeStance Health Group, Inc. [LFST] 3. Date of Earliest Transaction (Month/Day/Year) 11/10/2022								ationship of Reporting Person(s) to Issuer k all applicable) Director 10% Owner Officer (give title Other (specify below) below) Chief Financial Officer				ner	
(Street)	SDALE A	ΛZ	85251		4. If Amendment, Date of Original Filed (Month/Day/Year)					6. Indiv	dividual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person							
(City)	(;	State)	(Zip)															
			Table I - Non-	-Deriva	ative S	Securities	Acq	uired,	Disp	posed of	f, or Be	nefici	ially O	wned				
Date				2A. Deemed Execution Date, if any (Month/Day/Year)		Date,	Transaction Disposed Of (D Code (Instr.		ies Acquire Of (D) (Ins	s Acquired (A) or If (D) (Instr. 3, 4 and 5)		5. Amount of Securities Beneficially Owned Following Reported		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)		
							Code	v	Amount	(A) o (D)	r Pri	rice	Transaction(s) (Instr. 3 and 4)					
Common	Stock			11/10/	0/2022		A		180,83	2 A	\$	\$0.00	180,832			D		
Common Stock 11/1			11/10/	0/2022		F		77,072 D		\$	\$5.53	103,760			D			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		3A. Deemed Execution Date, if any (Month/Day/Year)	Code (Instr.				6. Date Exercisa Expiration Date (Month/Day/Yea		9	7. Title and Amo Securities Unde Derivative Secur (Instr. 3 and 4)		rlying	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported	re O es F ally D	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
				Code	v	(A)		Date Exercisal		Expiration Date	Title	Amou Numb Share				ion(s)		
Stock Option (right to	\$5.53	11/10/2022		A		1,250,000 ⁽¹⁾		(2)		11/10/2032	Common Stock	1,25	0,000	\$0.00	1,250,	000	D	

Explanation of Responses:

- $1. \ The \ options \ were \ granted \ by \ the \ Issuer \ pursuant \ to \ the \ Life Stance \ Health \ Group, Inc. \ 2021 \ Equity \ Incentive \ Plander \$
- 2. Includes an option to purchase 416,666 shares of the Issuer's common stock, subject to time-based vesting (the "Time-Vesting Option"). The Time-Vesting Option vests as to 25% on each of the first four anniversaries of the vesting commencement date, November 10, 2022. Includes an option to purchase 833,334 shares of the Issuer's common stock, subject to time- and performance-based vesting (the "Performance-Vesting Option"). The Performance-Vesting Option vests as to up to 25% on each of the first four anniversaries of the vesting commencement date, November 10, 2022. Following each anniversary of the vesting commencement date, any portion of the Performance-Vesting Option eligible to vest as of such measurement date that did not vest pursuant to the performance-based vesting criteria will be eligible to vest on a quarterly basis thereafter, subject to the same performance-based vesting criteria.

Remarks:

By: /s/ Ryan Pardo, Attorney-in-

Fact

** Signature of Reporting Person

Date

11/14/2022

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.